

## First Look

### Movies for kids

A Special Kids' Matinees showing "Looney Tunes Back in Action" is this Saturday at 2 p.m., at the base theater. Jan. 17 "Cat in the Hat" will show at 10 a.m. and 2 p.m.

### Girl Scout Cookies

Girl Scout cookies are for sale 4-6 p.m. today and Saturday at the Shoppette, Ocean Front BX and Commissary. For more information, call Lt. Col. Kimberley Ramos at 2-3712.

### AFSA meeting

The next Air Force Sergeants Association General Membership meeting is at 4 p.m., Wednesday, in the Top of the Rock Lisbon Room. For more information, call Master Sgt. Tom Dexter at 2-3423 or Tech Sgt. Mal Torres at 2-5136.

### TV Guide

The TV guide can now be found in the R&R Magazine. This contains a monthly AFN guide and will replace the TV guide pages in the Crossroads leaving more room for news. It can be found at the Post Office next to the Crossroads.

### Preflight

■ **Days since last DUI** ..... 16  
 ■ **DUIs since Jan. 1** ..... None  
 ■ **Current AEF** ..... Blue  
 ■ **Current FPCON** ..... Bravo  
 ■ **Guest DJ** ..... Kevin Gamblin  
 ■ **Next Strong Patriot** Jan. 20  
 ■ **Combat Nighthawk**: Capt. Robert Boyden, 65th Medical Operations Squadron; 2nd Lt. Evelyn Calley, 65th Communications Squadron; Master Sgt. Jose Mobley, 65th CS; and Master Sgt. Steven Rommel, 65th Logistics Readiness Squadron

# Clinic shifts hours

Same-day appointment clinic open 9 a.m.-5 p.m. Page 7.

## Mass re-enlistment



Gen. Foglesong re-enlisted 10 Team Lajes members during a mass re-enlistment ceremony Jan. 1 at the Community Activity Center. The re-enlistees were Master Sgt. Vincent Petroff, 65th Air Base Wing; Tech. Sgt. Thomas Price, 65th Communications Squadron; Tech Sgt. Ernest Bailey, 65th Services Squadron; Staff Sgt. David Robinson, 65th CS; Staff Sgt. Tanya Hubbard, 65th Medical Operation Squadron; Senior Airman Tasha Woodard, 65th MDOS; Tech. Sgt. Robin Brooks, 65th Medical Support Squadron; Tech. Sgt. Eric Morgan, 65th Mission Support Squadron; Master Sgt. Dwana Moore, 65th Logistics Readiness Squadron; and Senior Airman Tayquoyah Johnson, 65th LRS. (Photo by Ted McGinley)

# Officials stress Lajes beef is safe

### Crossroads staff

Lajes Public Health officials stress that all of the beef served or sold in Lajes facilities and at the commissary has been approved as safe before brought to the island.

According to Maj. Julie Moberg, 65th Medical Group, European Command Veterinary Services ensure the beef that will come to Lajes and other EUCOM facilities comes from sources approved through the Defense Supply Center Philadelphia's Directory of Sanitarily Approved Food Establishments.

Since Dec. 23, the U.S. Department of Agriculture has conducted a limited recall of beef due to a single cow found with bovine spongiform encephalopathy, or "mad cow" disease, in Washington state.

In a recent news release, officials from the Defense Commissary Agency specifically addressed the beef sold in their commissaries.

"No beef in any of our 275 commissaries worldwide has been involved in a USDA recall," said Col. Mark Wolken, chief of public health, safety and security for DeCA. "The USDA has stated the U.S. beef supply is safe and that the beef recall resulted from an abundance of caution, not fear that the meat is infected. Should the USDA make a determination there is a danger, DeCA would be first to react to protect the health of our customers."

USDA investigators have determined that the recalled meat went to a few commercial markets in Alaska, Hawaii, Idaho, Montana and Guam as well as Washington state, Or-

egon, California and Nevada.

Public Health further states that in the event that U.S. beef is suspected of being contaminated with BSE, or anything else that would make it unsafe to consume, the Defense Personnel Support Center quickly disseminates information about the recall to ensure Government agencies are alerted to possible problems and can get food off the shelves if necessary.

Public Health stresses there is no contaminated beef in the European defense supply system.

For the latest developments on the current situation and links to the USDA and other information on recalls and food safety, check the food safety link at <http://www.commissaries.com>.

## Focus Notes

### Combat Proud

The 65th Logistics Readiness Squadron won the "Golden Hammer" award and \$1,000 in self-help money for the renovation they did to the kitchen area at 'Eddie's Place.'

Col. Barbara Jacobi, Maj. Steve Rickert, Chief Master Sgt. Douglas Hodge, Chief Master Sgt. Darryl Foster and Master Sgt. Donna Maler were the judges.

### Hidden Hero

The winners of the Hidden Hero Holiday Door Decorating Contest for first place was Staff Sgt. Krista **Peksa** and Staff Sgt. Tasha **Robinson** at the Network Learning Center, second place went to Airman 1st Class Michael **Bamrick** at the 65th Communications Help Desk and third place went to USFORAZ/JO6 in Bldg. T-100.

### Leap into Learning

Become a student by enrolling at the Education Center by Jan. 29, bldg. T-400, across from the base pool, on the second floor. Win prizes by enrolling in a course with the University of Maryland, Embry-Riddle or the University of Oklahoma. Registration deadlines are Jan. 12, 16 and 26. For more, call 2-3355.

### Library Night Out

Wednesday 6-9 p.m. at the Library. Similar to a hometown book store, the library's Night Out will provide good music, a cup of coffee, books and good company. This month's theme is "New Year, New You." Bring a friend and a healthy treat to share with everyone. This will be held the first Wednesday of each month. Call 2-3688 for more.

### Combat Cheer



Airman 1st Class Kenneth Dansby feels Tech. Sgt. Jennifer Wessener's leg while club manager Ken Riggins supervises during the "Know Your Mate" contest at the Millennium All-Nighter, Dec. 26th, at the ~~Top of the Rock Club~~ Photo courtesy of Project Cheer.)

## Fair offers new opportunities

by Staff Sgt. Olenda Kleffner  
Crossroads editor

The Family Support Center is offering a "New Year, New You" fair Jan. 15 at 10:30 a.m. at the Community Activity Center Ballroom.

The goal of the fair is to show Team Lajes members what services, programs, classes and opportunities are available to them in the New Year.

Else Wingert, Family Support Center consultant, said the fair gives people with New Year's resolutions a chance to find something new, exciting and attainable.

"It can be difficult for spouses and teenagers to gain experience and skills, since the job market is small, but this does not have to stop anyone from increasing their skills," Ms. Wingert said. "It's merely the necessity to think outside the box and find other ways to improve oneself. We want our troops and family members to see how truly wonderful this base is and the variety of opportunities available. Time spent at Lajes can be very productive, but it is key that people know what is available, and that is our goal."

Ms. Winger said many organizations from different base agencies will have representatives at different booths with information about what they can offer.

AAFES will offer special savings on items related to the "New Year, New You" theme Jan. 15 - Jan. 31. The Family Support Center will have different classes

The following is a list of organizations that will have representatives available at the fair.

Family Support Center Financial Services  
Lajes Youth Activities  
CombatFitness  
Project Cheer  
Community Center  
Fitness Center  
Service's marketing  
Embry-Riddle AU  
Combat Education  
Hidden Heroes  
Oklahoma University  
UMUC  
Commissary  
Army and Air Force Exchange Service  
Project Wizard  
Lajes Against Drunk Driving  
Family Support Center Relocation Services

available to sign-up for, and Combat Education will have information about schools and degree programs. Coupons and gift certificates will be given away at the fair.

"Setting goals and learning to follow through on those goals is a lesson to be learned at all ages," Ms. Wingert said. "We are just trying to help everyone here have the opportunity to reach their goals, and see what we have to offer."

For more information or to reserve a table, call Ms. Wingert at 2-4138.

## Baking buns



Terry Grenat, Family Support Center, takes cinnamon buns out of the oven at the base chapel. The Hidden Hero working group delivered the holiday cinnamon buns Dec. 19. (Photo by Staff Sgt. Michelle Michaud)

## Library offers high-speed research

by 1st Lt. Yvonne Levardi  
Chief of Public Affairs

Even people who take computers for granted agree that nowadays, the speed with which anyone can locate information can be awesome. For this "awesome" kind of research, few tools offer more reliable, up-dated information than subscription databases available through the library.

At Lajes, the base library offers direct access to 11 databases, providing a wide range of information to library patrons.

"Through the databases, we have access to popular magazines, scholarly journals, newspapers, encyclopedias, current events, books and various aca-

demical sources," said Carol Wood, 65th Services Squadron library director. "Since our professional journal resources are limited, the databases give us access to information we wouldn't otherwise have access to."

Anyone at Lajes who can use the library can use the databases, Ms. Wood said. All they need is access to the internet and a password provided by the library.

"People who are looking for information on specific topics should really use these resources," said Ms. Wood. "Databases give quicker, more comprehensive results than a general internet search, saving time and preventing frustration."

To help familiarize people with the use

of the databases, Ms. Wood said the library is holding a class Jan. 21 from 6 - 7 p.m. at the Education Center.

"We'll show people how to access, navigate and find information on the databases," said Ms. Wood. "We're also including the resources available from the University of Oklahoma library for their students' information."

The training will be held in the computer lab so students can go to the sites during the class, said Ms. Wood, giving the students valuable hands-on experience.

"The class will help people learn how to make the best use of this resource," said Ms. Wood.

To sign up for the class, call the Education Center at 2-3688 by Jan. 20.

## Gen. and Mrs. Foglesong visit Lajes



(Above) Carol Wood, library director, and several Lajes Field spouses attended a get together with Mrs Mary Foglesong at the base Library Jan. 1. (Photo by Staff Sgt. Michelle Michaud)

(Right) Gen. Robert "Doc" Foglesong sings with the USAFE band, "Touch & Go," on New Year's Eve at the Top of the Rock Club. (Photo by Tatiana Vickmark)





# LADD offers options to DUI

by Staff Sgt. Olenda Kleffner  
Crossroads editor

People who drink at the Top of the Rock Club and live on base have a free ride home through the Anti-DUI van, but now there's a ride for those who go to clubs off base and live off base.

The Lajes Against Drunk Driving program began Jan. 2 to help prevent people at Lajes Air Base from drinking and driving.

"This is a way to provide our people with another option to get home safely if they have been drinking," said Master Sgt. Stephen St.

Andre, a LADD committee member. "Bottom line is there are a lot of options available for people to not drink and drive and still get home safely, but for some unknown reason some continue to do so. Hopefully our new LADD program will make an impact."

The LADD van picks up people at the Blues Club and the Wolf Club every Friday and Saturday night from 12:30 - 5 a.m. Senior Airman Kevin Capach, a LADD committee member, said people who need a ride should wait in front of the club and look for a blue van with LADD written on the front and back windows.

Airman Capach "reminds everyone that the

van is to help get people home safely; it's not a shuttle bus between the two clubs."

Since LADD is funded by booster clubs, the Rising Six and the Top 3, funds are limited, so right now the van can only take people to Lajes, base housing and Porto Martins.

Airman Capach said, although the van is free, donations will be a major contributing factor to help with the cost of gas, minor upkeep and maintenance.

For more information about the LADD program or to be a LADD driver, contact a first sergeant for a unit point of contact or call Senior Airman Jamie Xenos at 2-1343.

## Fit to Fight



Commanders and first sergeants from the 65th Air Base Wing and 729th Air Mobility Squadron ran their fitness test Monday at the AEF ramp. (Photo by Guido Melo)

## Dress to Impress contest

by Staff Sgt. Olenda Kleffner  
Crossroads editor

The Masons of Jacob Lodge 86 will have a Dress to Impress dinner and contest Jan. 17 at the Top of the Rock ballroom.

"The dress to impress dinner is a social event for all Lajes members 18 years and older, to get dressed up and have a good time," said Senior Airman Kristopher Johnson, a lodge member. "It's also a chance to introduce our organization to the community and let them know a little about us and what we stand for."

Airman Johnson said people should dress comfortably in casual to formal clothes, but jeans, gym shoes and gym clothes are not allowed.

The buffet dinner will have roast beef au jus, baked chicken breast, au gratin potatoes, oven roasted herb potatoes, steamed fresh vegetables, fire roasted corn and pep-

pers, potato salad, pasta salad, peach cobbler and cake.

The different contests include the best-dressed female, male and couple. There will also be a cha-cha slide contest. Each winner of the best-dressed contest will win \$25 gift certificates for the Base Exchange.

Door prizes that will be given away include two gift certificates for a massage, a dinner for two at Pescador, a compact disk player, and two DVD players.

"We just want people to come out and eat and socialize with us," Airman Johnson said. "We will also have dominos and cards out on tables for people to play."

This event is not a fundraiser, and all of the money being paid is going to the club for the dinners.

The cost for the tickets is \$13.50 for club members and \$16 for non-club members.

To buy a ticket or for more information, call Airman Johnson at 2-3851.



## New AF logo for jacket

WASHINGTON — Air Force Uniform Board members have introduced a new addition to the lightweight blue jacket.

"The Air Force chief of staff approved adding the Air Force logo to the existing lightweight blue jacket," said Senior Master Sgt.

Jacqueline Dean of the Air Force Uniform Board.

All told, 300 jackets will be distributed Air Force-wide for wear testing, Sergeant Dean said. Board members are targeting Maxwell Air Force Base, Ala., as a distribution point because of its high number of temporary duty officers and enlisted airmen.

"Because the TDY members come from so many bases throughout the Air Force, giving them out at Maxwell allows us to reach a large audience in a short amount of time," Sergeant Dean said.

Airmen receiving the jackets will wear test

them and give feedback to the uniform board about fraying or other problems with the embroidery, Sergeant Dean said.

Anyone not issued an embroidered jacket can have the logo applied on their jacket by a local embroidery shop using certain guidelines, Sergeant Dean said.

The Air Force logo is to be embroidered in a polyester white meridian thread with a stiff tear-off backing, according to information provided by Libby Glade, Air Force clothing office chief. The total stitch count of the logo and lettering will be between 4,200 and 5,000 stitches.

The symbol is to fit within a two-inch square. There is a one-fourth inch space between the symbol's lowest point and the "U.S. AIR FORCE" type.

The "U.S. AIR FORCE" type is to be one-fourth of an inch high, 3.5 inches long, in all capital Arial font, 24 point.

The symbol is to be embroidered on the

upper left chest. The dot in the center of the symbol is centered vertically between the shoulder seam and where the underarm side seam joins the armhole sleeve, and centered horizontally between the zipper and the sleeve armhole seam.

Rank on the jacket continues to be worn on either the collar or the sleeve, Sergeant Dean said. (Air Force Print News)

## FDA issues ephedra alert

WASHINGTON — Following an FDA alert, Air Force Medical Service officials are once again "strongly advising" airmen to contact their physicians or health-care providers before taking dietary supplements containing ma huang, ephedra or ephedra alkaloids.

Food and Drug Administration officials have issued a consumer alert on the safety of dietary supplements containing ephedra that

# Lajes members bring Christmas miracle

by Staff Sgt. Olenda Kleffner  
Crossroads editor

With a little help from some generous people here, Santa delivered for an 8-year-old who almost didn't have a Christmas morning.

On Christmas Eve, Lee Brothers invited about 10 friends and strangers to her house to have dinner with her and Vanessa, her 8-year-old daughter.

For dinner, Ms. Brothers had invited an airman, his wife and their daughter, a couple she had never met that just arrived to the island, a man whose family had gone to the states for Christmas, her boss who is here unaccompanied, a Portuguese friend and a Portuguese man who was a heart patient at the hospital but was released for a couple of days for Christmas.

Ms. Brothers said the evening had gone by smoothly and everyone enjoyed each other's company, but the night would soon take a turn for the worse.

"I had invited the Thompson family to spend the night since Angi Thompson is legally blind, and that way they could have a couple of drinks and not be concerned about driving home," she said. "They accepted the invitation and since they had some of their daughter's Christmas presents in the car we decided to put them under my tree."

Around 2 a.m., Ms. Brothers told the Thompsons she was going to turn in for the night. She knew her daughter was anxiously awaiting Santa's arrival and would probably be up before the sun.

"Before I went to bed I went to the spare bedroom to retrieve my layaway box from the BX with all the toys Santa would leave under our tree for Vanessa," said Ms. Brothers.

To her surprise when she opened the box, it was filled with toys for a 1-year-old baby.

"I was nuts to say the least as it was now 2:25 a.m. Christmas morning, and I had nothing in the house to put under my tree for my daughter from Santa," said Ms. Brothers. "Needless to say I cried a river and then decided to go to bed since there was not another option."

The Thompsons asked Ms. Brothers what she was going to tell her daughter the next morning.

"I told them I would tell her the truth. There was no Santa, my layaway box got switched with another person's and we would go to the BX to straighten everything out on Friday morning," said Ms. Brothers. "Off to bed I went thoroughly depressed."

That's when Airman Thomson and his wife went into action.

"We didn't know who to call or what to do, but Angi remembered that in Right Start there was a woman from the BX that spoke to them," he said. "We needed to get her name, so at 2:30 a.m. I called my commander, Lt. Col. Kimberley Ramos, hoping she would know."

After calling several people, including Portuguese Telecom for more than an hour, Airman Thompson was finally able to reach Lynda Cogar, the BX manager.

Airman Thompson explained the situation to Ms. Cogar, and she called the BX manager Ramiro Barbosa.

"Mr. Barbosa called me at 3:45 a.m. in the morning and told me he would meet me at the base but to give him a little time because he had to drive from Angra," said Ms. Brothers. "I live in Porto Martins, and I was worried on my way to the base to meet Mr. Barbosa because it was very late, and I was certain that

he would be very irritated that he had to make that drive in the middle of the night and leave his own family on Christmas morning. To my amazement, he told me he also had a little girl and understood perfectly how I felt. His kindness and patience were so unbelievable that I did not have sufficient words to thank him. I just cried."

Ms. Brothers was relieved when she met Mr. Barbosa at 4:15 a.m. and her layaway was still there.

"I got my box, cried and thanked him profusely and by 4:55 a.m. I was back in my house putting Vanessa's Santa toys under my Christmas tree," said Ms. Brothers. "It was a true miracle and could not have happened anywhere but Lajes."

Ms. Brothers said, without a doubt, the best Christmas miracle was being able to see the look on her daughters' face when she saw that Santa had remembered her.

"I have since adopted the Thompsons as extended family," Ms. Brothers said. "We now have a memory to share about our amazing Christmas together, and we have learned how you can do the impossible if you only have faith. If they had not taken the initiative and believed they could make a difference, Christmas would have been a very bad memory for both myself and my little girl."

Airman Thompson said he was glad he could help, and he knows Ms. Brothers would do the same for his family.

"There is no way I would let Christmas get ruined without knowing all possibilities had been exhausted," Airman Thompson said.

"Yes, Vanessa there is a Santa Claus, and he is alive and well at Lajes," Ms. Brothers said.

calls for consumers to immediately stop buying and using ephedra products.

Besides issuing an alert, FDA officials are notifying manufacturers that they intend to publish a final rule stating dietary supplements containing ephedrine alkaloids present an unreasonable risk of illness or injury. The rule would have the effect of banning the sale of these products as soon as it becomes effective, 60 days after publication.

In February, a jury in Austin, Texas, determined that ephedra use was at least 50-percent to blame for the death of a 24-year-old Charles Bryant Scurlock II, of Round Rock, Texas. Mr. Scurlock collapsed and later died after a two-mile run for an Army National Guard physical fitness test in 1999. The jury awarded \$1 million to the plaintiffs.

In September 2002, the Air Force surgeon general issued a revised policy covering dietary supplements containing ephedra that strongly discouraged the use of such

supplements and highlighted associated risk factors.

In November 2002, the Air Force's surgeon general issued a notice to airmen on the potential risks associated with dietary supplements containing ephedra, following the death of a young airman. These medical notices are released by the AFMS clinical quality management division to disseminate lessons learned from medical incident investigations and other pertinent events. (AFPN)

## More airmen live off base

WASHINGTON — A change in how the Air Force figures unaccompanied housing requirements will call for fewer dormitory rooms — meaning more airmen could move off base in the future.

Under the new policy, which took effect Jan. 1, the Air Force must provide dormitory

housing for unaccompanied E-1s through E-3s and E-4s with less than three years of service. Previously, the Air Force maintained dorm spaces for all unaccompanied airmen below E-5.

The policy change is designed to make the number of dorm rooms the Air Force must have available more predictable, said Chief Master Sgt. of the Air Force Gerald Murray.

Basic Allowance for Housing rates are now set high enough that a senior airman should be able to obtain adequate housing downtown, without paying a lot of out-of-pocket costs, Chief Murray said. That trend will continue, and by 2005, BAH is expected to pay 100 percent of off-base housing costs. "Today we believe that our young airmen have the pay and allowance to go into the downtown areas and afford good-quality homes," Chief Murray said.

The USAFE 'We the People Bookshelf' program will begin in February 2004.

## Commander highlights Lajes 2003

by Col. Barbara Jacobi  
65th Air Base Wing commander

Happy New Year Team Lajes, and I truly hope you all had a peaceful and enjoyable holiday season.

Traditionally the New Year is an opportunity to look forward, but it is also a time for reflection. Team Lajes has done some incredible things in 2003 and we've accomplished a lot. Although it is tough to capture everything Team Lajes has done, let me try to hit some of the highlights.

With 48 hours' notice, Team Lajes – both Portuguese and American – came together and supported President Bush and the Prime Ministers from the U. K, Portugal and Spain for the very historic Atlantic Summit. This was a team effort and involved support from Everyone! For example, the civil engineers' renovation of the Community Activities Center and the Top of the Rock Club, and extensive services support at both of these locations; communications support for the President, his staff, and over 200 international media; stepped-up security for the duration of the visit; logistical support with off- and on-loading of 130 tons of Presidential vehicle support and 425 passengers, and the refueling of Air Force One.

For OIF, we once again demonstrated our outstanding support for forward-deployed personnel, hosting 18 KC-135s and more than 400 personnel. Team Lajes answered the call to arms with daily cargo, passenger and fleet support for each departing and arriving mission. With 729th AMS's help in the beddown, generation and redeployment of the 135s and personnel, the 65th Operations Support Squadron was able to ensure the 492nd Air Expeditionary Group was up and flying combat support sorties just 24 hours after arrival, enabling 312 Tanker Task Force sorties to deliver 7 million pounds of fuel to 550 receivers. Outstanding!

We pushed iron to the fight with over 4,000 DoD aircraft, nearly 45,000 passengers and 4,532 short tons of cargo receiving world renowned Lajes first-class support during OIF. Our MPF processed 466 personnel during the OIF reception, and in total over 1,000 troops were in and out processed through Lajes' reception line. Our 729th AMCC folks provided seamless command and control for over 1,000 missions including more than 600 supporting Operations ENDURING and IRAQI FREEDOM. Additionally, our fuels people dispensed 20.5 million gallons of fuel to more than 2,000 coalition aircraft and 33,000 troops

moving to and from the AOR.

Across the base we've made numerous improvements that benefit US Forces Azores and our Portuguese hosts. To benefit security, we'll soon have a state-of-the-art Security and Defense Coordination Center for our Portuguese and US security forces personnel to work in, a flight line camera system to monitor the airfield, and funding to completely repair the base and South Tank Farm fence lines, and a reconfiguration of the family housing road systems to reduce the number of entrances required during increased Force Protection Conditions.

We've completed emergencies repairs to the breakwater in Praia Bay, and have garnered support for a \$50M project. We also spent \$27.1M building 44 new company grade and 8 field grade officer housing units, 24 junior NCO units, and the \$13.7M third phase will construct 14 junior NCO, 26 field grade officer and 2 single officer quarters. Our \$850,000 project to renovate the bowling center and create a Burger King Express is scheduled to be complete this month and open in early February. The power plant is being retrofitted with new equipment in preparation for the switchover to commercial power, and we've completed numerous other renovation projects around base to improve the chapel, DoDDS schools, the passenger terminal, and \$3.9M on 11 paving projects for the flight line. We also broke ground on a new dental clinic.

Our library went from one to three stars with the addition of children's computers and \$17,500 in new books, and our fitness center replaced \$50,000 in cardio and weight equipment. We renovated 54 lodging rooms and 4 distinguished visitor suites, and expanded our billeting capacity during OIF until we were bursting at the seams! Both our CDC and Youth Center earned praise for their programs this year – the CDC earned a score of 89.1 from the Air Force Services Agency and the Youth Center earned an 89.2 on an unannounced inspection. The Community Activities Center led the way in the command bringing the X-Box gaming on-line at Lajes, and set the stage for Lajes' future Power Plant that will bring more high-tech games, home theater support, and just a place to hang out for our airmen.

Responding to changes to our aerovac system, the 65th Medical Group adjusted admirably, finding alternatives to the C-9 through medical network expansion. The medical staff dramatically expanded the support we are able to receive locally and at Sao Miguel. The Health and

Wellness Center and the Fitness Center have \$1.52M slated for renovation, and the entire wing is well-prepared to implement our new fitness test!

And Lajes excellence doesn't end there ... wing-wide, our people garnered some well-deserved recognition. In 2003, we earned seven Commander in Chief's Installation Excellence awards, four Air Force-level awards, and 27 MAJCOM-level awards. In addition to this, the 65th Communications Squadron brought home the DISA DMS Pioneer Award, and the Global Comm System Outstanding Maintenance Performer of the Year. Brittany Goudreau beat out all the other services and won European Youth of the Year and the 65th Civil Engineer Squadron's Capt. Kevin Golart was recognized by the National Society of Professional Engineers, and TSgt Jason Tudor was recognized by the Department of Defense with the Thomas Jefferson award for writing.

We've jumped into the new Combat and Special Interest Programs, and made them effective and beneficial to Team Lajes. These programs are focused on increasing quality of life, access to services and efficiency for our military members, civilians and families. Combat Education has helped open up more educational opportunities for all of us; Combat Touch has brought a chaplain down to the flight line. We've streamlined in and out processing, gained a new focus on the families of our deploying members. Combat Flightline and Nighthawk, and Customer College focus on helping our people become more well-rounded and trained to support the mission and the Air Force. We're recognizing our Hidden Heroes, and helping provide high-energy activities for our singles during the winter months. Project Wizard is making our library a more visible and valuable resource, and Combat Proud helps us have the best-looking base in USAFE.

And every award we commanders see come across our desks only serves to reinforce our belief that we have the best folks in the Air Force stationed at Lajes.

So for 2004, let's focus on keeping Team Lajes the best team it can be. We may be looking at another exciting and busy year and we need to ensure we're all trained and ready to deploy or support whatever mission we're called for.

Let's take care of ourselves and our families, and by doing that we'll ensure each of us is prepared to take care of the mission.

Happy New Year!

# Clinic shifts hours

by 1st Lt Yvonne Levardi  
Chief of public affairs

Starting Jan. 5, the base clinic is open from 9 a.m. - 5 p.m. to allow for more late-afternoon same-day patient appointment requests.

According to Lt. Col. Lorna Westfall, 65th Medical Group deputy commander, since the same-day appointment program started Oct. 1, most of the unused appointments have been concentrated in the early morning.

"We receive most of our daily calls before 2 p.m.," she said. "The shift in hours will hopefully make it easier for us to fit in last-minute calls."

The Family Practice clinic started the same-day appointment program to make it easier for patients to get an appointment at short notice, said Col. Fred Hannan, 65th Medical Group commander.

"Any patient can call for a same-day appointment and be seen that day for any condition," he said.

If the patient needs a follow-up appointment, it will be scheduled before the patient leaves the clinic that day, Col. Hannan said.

"Our hope is that this more flexible appointment scheduling process will better meet patient needs," Col. Hannan said.

Col. Westfall stressed that some planning is still needed to make the program work.

"Plan ahead enough to be freely available on the day you call," she said. "No amount of open appointments will make access better if you can't accept the appointment that we offer."

She also said patients need to call early to ensure they get an appointment.

"No amount of open access will be able to help if you wait until 4 p.m. to call," said Col. Westfall.

According to Col. Westfall, future appointments are still available if necessary, but clinic staff encourages people to try for a same-day appointment as much as possible.

To make an appointment, call 2-3261 from on base or 295-57-3261 from off base.



## Everyday Hero

Airman Jennifer  
Demaurez

65th Services Squadron

**Duty Title:** Services Apprentice

**Job description:** Flight Kitchen Shift Leader

**How long have you been in the Air Force:** 10 months

**How long have you been at Lajes:** Seven months

**What's the best aspect of your job:** Providing quality flight meals to transient military members who are going to or returning from the AOR.

**Why did you joined the Air Force:** For education and travel opportunities

**What are your career goals:** To remain in the Air Force for at least 20 years and to obtain a bachelors degree in buisness law

**Life goal:** Travel to many countries around the world and experience different cultures.

**Best Air Force Experience:** Graduating basic training and technical school, also being station in an overseas location such as here at Lajes Field, Azores, Portugal.

**Hometown:** Stamford, New York

**One word to describe you:** Ambitious

**Hobbies:** Hiking, swimming, baseball, track and soccer

**Favorite food:** Spaghetti

**Pet peeve:** Non-energetic people

**No one knows:** I was born in Holland.

## Man on the Street

### My New Year resolution is ...



Cheryl Sorensen

*"To take more time out for myself this year."*



Tech. Sgt. Floyd Moxley

*"To stay fit, trim down and improve my gameplay in volleyball."*



Senior Airman Krystle Chavez

*"To be nicer to people."*



Imani Williamson

*"To help my mommy in the kitchen more."*



Staff Sgt. Sarah Drinkard

*"To be more forgiving of others for rumors and gossip."*



Ed Lima

*"To get my new house built."*

Today  
12:00 PM  
38- Headline News  
39- The Life Of Mammals  
12:22 PM  
38- Pacific Report  
12:30 PM  
38- Tonight Show With Jay Leno  
1:00 PM  
36- Headline News  
37- Callou: Best Behavior  
39- Buffy The Vampire Slayer: Family  
40- Sportscenter  
1:30 PM  
36- Channel One  
37- The Weekenders: Tish's Hair/ I Want To Be Alone  
38- The Late Show With David Letterman  
1:45 PM  
36- World News This Morning  
2:00 PM  
36- The Early Show  
37- As Told By Ginger  
37- Iron Chef: Horse Mackerel/Michiba Vs Tatsuo Umemiya  
40- Rome Is Burning  
2:30 PM  
37- Chalk Zone: Two Left Feet\ All Day Jam\ Snap Out Of Water\ Rudus Tabootus  
38- Access Hollywood  
3:00 PM  
37- Jeopardy!  
38- Tora! Tora! Tora!  
39- Rugrats: The Big Showdown  
40- Sportscenter  
3:30 PM  
37- Headline News  
39- Spongebob Squarepants: Dying For Pie / Imitation Krabs  
4:00 PM  
36- Fox News Live  
37- ESPNNews  
39- The Simpsons: The Computer Wore Menace Shoes  
4:30 PM  
37- Headline News  
39- Home Improvement: Bewitched  
5:00 PM  
36- Primetime  
37- King Of The Hill: The Good Buck  
39- Charmed: Y Tu Mumny Tambien  
5:30 PM  
37- That 70's Show: Hot Dog  
38- Love And Death  
6:00 PM  
36- Fox News Live  
37- Survivor: Pearl Islands  
39- The X-Files: The Jersey Devil  
7:00 PM  
36- Headline News  
37- 24: Day 2: 3:00 P.M.- 4:00 P.M.  
38- Today  
39- The Jeff Corwin Experience: Special: My Favorite Encounters  
40- ESPNNews  
7:30 PM  
36- Inside Politics  
40- ESPNNews  
8:00 PM  
37- Headline News  
39- The Life Of Mammals  
8:30 PM  
36- Headline News  
37- Tonight Show With Jay Leno  
9:00 PM  
36- Lester Holt Live  
38- Bear In The Big Blue House Yr. 6: To Clean Or Not To Clean  
39- Buffy The Vampire Slayer: Family  
40- Around The Horn  
9:30 PM  
37- The Late Show With David Letterman  
38- Franklin: Franklin's Crystal/Franklin's Advice  
40- Pardon The Interruption  
10:00 PM  
36- Headline News  
38- Rocket Power: To Be Otto Not To Be/ Reggie/ Regina  
39- Iron Chef: Horse Mackerel/Michiba Vs Tatsuo Umemiya  
40- Sportscenter  
10:30 PM  
36- NBC Nightly News  
37- Access Hollywood  
38- The Fairly Oddparents  
11:00 PM  
36- ABC World News Tonight  
37- Tora! Tora! Tora!  
38- Yu-Gi-Oh! Tv-7: - Duel With A Ghoul  
39- The View  
11:30 PM  
36- CBS Evening News  
38- The Proud Family: Crouching Trudy Hidden Penny

Saturday

12:00 AM  
36- The Newshour  
38- Outward Bound: Costa Rica/ Colorado Tv-7: - Episode 16  
39- Living Better With Carrie Wiatt  
12:30 AM  
38- The Best Of: Take Out  
39- Homes With Style: Country Living Thanksgiving  
1:00 AM  
36- Hannity & Colmes  
38- Friday Night Fights - Lightweights: Courtney Burton Vs Francisco Lorenzo  
39- While You Were Out  
1:30 AM  
37- Love And Death  
2:00 AM  
36- The News With Brian Williams  
39- The Amazing Race: That's Me. That's My Face. Just Hit My Face. Hit My Face!  
2:30 AM  
3:00 AM  
36- Bet Nightly News  
37- Headline News  
38- Sportscenter  
39- Gilmore Girls: Let The Games Begin  
3:30 AM  
36- Nightly Business Report  
37- ESPNNews  
4:00 AM  
36- Larry King Live  
37- Headline News  
38- WWE Raw!  
39- The Division: Seduced And Abandoned  
4:30 AM  
37- Headline News  
5:00 AM  
36- Newsnight With Aaron Brown  
37- Bear In The Big Blue House Yr. 6: To Clean Or Not To Clean  
38- Trading Spaces Family: Pennsylvania: Stump Road  
39- The Deep End Of The Ocean  
40- Sportscenter  
5:30 AM  
37- Franklin: Franklin's Crystal/Franklin's Advice  
6:00 AM  
36- Paula Zahn Now  
37- Rocket Power: To Be Otto Not To Be/ Reggie/ Regina  
38- Headline News  
6:30 AM  
37- The Fairly Oddparents  
38- Navy/Marine Corps News  
7:00 AM  
36- Nightline  
37- Yu-Gi-Oh! Tv-7: - Duel With A Ghoul  
38- Entertainment Tonight  
39- The View  
7:30 AM  
36- Army Newswatch  
37- The Proud Family: Crouching Trudy Hidden Penny  
8:00 AM  
36- Hardball With Chris Matthews  
37- Trading Spaces Family: Pennsylvania: Stump Road  
38- Headline News  
39- Living Better With Carrie Wiatt  
8:30 AM  
38- ESPNNews  
39- Homes With Style: Country Living Thanksgiving  
9:00 AM  
36- The O'reilly Factor  
37- Outward Bound: Costa Rica/ Colorado Tv-7: - Episode 16  
38- One On One: Daddy I Don't Need An Edumacation  
39- While You Were Out  
9:30 AM  
37- The Best Of: Take Out  
38- According To Jim:  
10:00 AM  
36- Dateline NBC  
37- Entertainment Tonight  
38- The Practice: Final Judgment  
39- The Amazing Race: That's Me. That's My Face. Just Hit My Face. Hit My Face!  
40- Sportscenter  
11:00 AM  
36- CNN Saturday Morning  
37- WWE Raw!  
38- Law & Order: Special Victims Unit: Pandora  
39- Gilmore Girls: Let The Games Begin  
12:00 PM  
36- 20/20  
37- One On One: Daddy I Don't Need An Edumacation  
38- Headline News  
39- The Division: Seduced And Abandoned  
12:30 PM  
37- According To Jim: Thanksgiving



**Tonight, 7 p.m.:** "Radio," PG. Based on a Sports Illustrated article, Radio tells the true story of a white football coach at a South Carolina school who befriends a mentally challenged African-American man. 10 p.m.: "Love Actually," PG. Everywhere you look love is causing chaos. Lives and loves collide, mingle and finally climax on Christmas Eve—again and again and again.

**Saturday, 2 p.m.:** "Looney Tunes:Back in Action," PG. In this mixture of live-action and animation, Bobby will team with Bugs Bunny, Daffy, Tweety and Taz as they leave the Warner Bros. back lot in Hollywood for locales such as Africa and Las Vegas, where they search for Bobby's father and the mythical Blue Diamond. 7 p.m. "Radio"

**Sunday, 2 p.m.:** "Looney Tunes Back in Action," 7 p.m. "Love Actually"

**Tuesday, 7 p.m.:** "Radio"

**Wednesday, 7 p.m.:** "Looney Tunes Back in Action"

**Thursday, 7 p.m.:** "Love Actually"

Confidential

38- Saturday Night Live 03-04: Episode 9  
1:00 PM  
36- Saturday Today  
37- The Practice: Final Judgment  
39- The Deep End Of The Ocean  
2:00 PM  
37- Law & Order: Special Victims Unit: Pandora  
38- Live In Hollywood  
40- Sportscenter  
2:30 PM  
3:00 PM  
36- Wall Street Journal  
37- Headline News  
38- The Entertainers  
39- The View  
3:30 PM  
36- America's Black Forum  
37- Navy/Marine Corps News  
4:00 PM  
36- News From CNN  
37- Sportscenter  
38- College Basketball - Big Ten: Oklahoma vs. Michigan State  
39- Living Better With Carrie Wiatt  
4:30 PM  
39- Homes With Style: Country Living Thanksgiving  
5:00 PM  
36- Dateline NBC  
39- While You Were Out  
5:30 PM  
6:00 PM  
36- Headline News  
39- The Amazing Race: That's Me. That's My Face. Just Hit My Face. Hit My Face!  
6:30 PM  
36- Army Newswatch  
7:00 PM  
36- 20/20  
39- Gilmore Girls: Let The Games Begin  
8:00 PM  
36- Fox News Live  
39- The Division: Seduced And Abandoned  
8:30 PM  
9:00 PM  
36- Fox News Live  
39- The Deep End Of The Ocean  
10:00 PM  
36- Headline News  
10:30 PM  
36- McLaughlin Group

11:00 PM  
36- Capital Gang  
39- Swamp Critters Of The Lost Lagoon: Big Al Finds Courage  
11:30 PM  
38- Army Newswatch  
39- Harvest With Greg Laurie - What's Your Excuse?

Sunday

12:00 AM  
36- Washington Week In Review  
39- Precepts For Life: Character Pt. 2  
40- ESPNNews  
12:30 AM  
36- Headline News  
39- Real Videos: Zilch  
40- ESPNNews  
1:00 AM  
36- People In The News  
39- The Simpsons: Bart's Girlfriend  
1:30 AM  
39- Malcolm In The Middle  
2:00 AM  
36- CNN Saturday Night  
39- Everybody Loves Raymond: Let's Fix Robert  
2:30 AM  
39- The King Of Queens: Roast Chicken  
3:00 AM  
36- Dateline International  
37- Headline News  
38- Celebration Of Victory: The File Room  
39- American Dreams: I Wanna Hold Your Hand  
40- ESPNNews  
3:30 AM  
37- Hour Of Power - Mountain Moving Faith Pt. 1  
38- Coral Ridge Hour: The One True God  
4:00 AM  
36- Larry King Live  
37- Celebration Of Victory: The File Room  
38- The Word In The World: The Story Of Gideon  
39- Magnum P.I.: Birdman Of Budapest  
4:30 AM  
37- Coral Ridge Hour: The One True God  
38- Cafe Video: Hope  
5:00 AM  
36- At Large With Geraldo Rivera  
37- The Word In The World: The Story Of Gideon  
38- America's Funniest Home Videos  
39- Family Ties: How Do You Sleep  
5:30 AM  
37- Cafe Video: Hope  
39- The Cosby Show: Mrs. Huxtable Goes To Kindergarten  
6:00 AM  
36- Beltway Boys  
37- Wishbone: Cyranose  
38- WWE Smackdown!  
39- Chips: Baby Food  
6:30 AM  
36- Fox News Watch  
37- Clifford The Big Red Dog: Who Me Jealous?/ A Bunny In A Haystack  
40- ESPNNews  
7:00 AM  
36- Headline News  
37- It's A Very Merry Muppet Christmas Movie  
38- Andromeda: The Right Horse  
39- Swamp Critters Of The Lost Lagoon: Big Al Finds Courage  
7:30 AM  
36- America's Black Forum  
39- Harvest With Greg Laurie - What's Your Excuse?  
8:00 AM  
36- Headline News  
38- Headline News  
39- Precepts For Life: Character Pt. 2  
8:30 AM  
36- Navy/Marine Corps News  
37- Bugs Bunny-Looney Christmas Tales  
38- ESPNNews  
39- Real Videos: Zilch  
9:00 AM  
36- Big Story Weekend Edition  
37- Motorweek  
38- Smallville: Ryan  
39- The Simpsons: Bart's Girlfriend  
40- Sportscenter  
9:30 AM  
37- Ebert & Roeper At The Movies  
39- Malcolm In The Middle  
10:00 AM  
36- CNN Presents  
37- Headline News  
38- Meet The Parents  
39- Everybody Loves Raymond: Let's Fix Robert  
40- College Gameday  
10:30 AM  
37- Army Newswatch



11:00 AM  
 36- Fox & Friends  
 39- American Dreams: I Wanna Hold Your Hand  
 12:00 PM  
 36- Fox & Friends  
 38- Headline News  
 39- Magnum P.I.: Birdman Of Budapest  
 12:30 PM  
 38- Seinfeld: The Cheever Letters  
 1:00 PM  
 36- CBS News Sunday Morning  
 38- Meet The Press  
 39- Family Ties: How Do You Sleep  
 40- Sportscenter  
 1:30 PM  
 39- The Cosby Show: Mrs. Huxtable Goes To Kindergarten  
 2:00 PM  
 37- WWE Smackdown!  
 38- America's Black Forum  
 39- Chips: Baby Food  
 40- The Sports Reporters  
 2:30 PM  
 36- Face The Nation  
 38- Entertainment Tonight  
 40- Sportscenter  
 3:00 PM  
 36- Headline News  
 37- Andromeda: The Right Horse  
 39- Swamp Critters Of The Lost Lagoon: Big Al Finds Courage  
 40- NFL Countdown  
 3:30 PM  
 36- Navy/Marine Corps News  
 38- ESPNNews  
 39- Harvest With Greg Laurie - What's Your Excuse?  
 4:00 PM  
 36- Late Edition W/ Wolf Blitzer  
 39- Precepts For Life: Character Pt. 2  
 4:30 PM  
 39- Real Videos: Zilch  
 5:00 PM  
 39- The Simpsons: Bart's Girlfriend  
 5:30 PM  
 39- Malcolm In The Middle  
 6:00 PM  
 36- Fox News Live  
 39- Everybody Loves Raymond: Let's Fix Robert  
 6:30 PM  
 39- The King Of Queens: Roast Chicken  
 7:00 PM  
 36- Fox News Live  
 39- American Dreams: I Wanna Hold Your Hand  
 8:00 PM  
 36- CNN Sunday  
 39- Magnum P.I.: Birdman Of Budapest  
 9:00 PM  
 36- Meet The Press  
 39- Family Ties: How Do You Sleep  
 9:30 PM  
 39- The Cosby Show: Mrs. Huxtable Goes To Kindergarten  
 10:00 PM  
 36- Tim Russert  
 39- Chips: Baby Food  
 11:00 PM  
 36- Fox Report  
 37- Headline News  
 38- Dora: The Explorer  
 39- Rugrats: Diaper Change  
 40- Sportscenter  
 11:30 PM  
 37- Seinfeld: The Cheever Letters  
 38- Wheel Of Fortune  
 39- Spongebob Squarepants: Wormy / Patty Hype

Monday  
 12:00 AM  
 36- This Week  
 37- That 70's Show: Eric's Panties  
 38- The Dr. Phil Show  
 39- The Simpsons: The Great Money Caper  
 12:30 AM  
 37- Entertainment Tonight  
 39- Home Improvement: Not-So-Great-Scott  
 1:00 AM  
 36- Dateline International  
 38- The Oprah Winfrey Show: The Trip Of A Lifetime  
 39- Buffy The Vampire Slayer: Him  
 1:30 AM  
 37- WWE Smackdown!  
 2:00 AM  
 36- 60 Minutes  
 38- Headline News  
 39- Law & Order: Thin Ice  
 2:30 AM  
 37- America's Black Forum  
 38- Judge Judy  
 3:00 AM  
 36- CNN Presents  
 37- Meet The Press  
 38- Access Hollywood  
 39- Critical Rescue: Submerged  
 3:25 AM  
 38- Guiding Light

40- Sportscenter  
 4:00 AM  
 36- Larry King Live  
 37- Headline News  
 39- American Chopper  
 4:13 AM  
 38- General Hospital  
 4:30 AM  
 37- ESPNNews  
 5:00 AM  
 36- At Large With Geraldo Rivera  
 37- Sesame Street  
 38- Zooboomafoo: Fast And Slow  
 39- Picture Perfect  
 40- NFL Primetime  
 5:30 AM  
 38- Disney's Buzz Lightyear Of Star Command: Ancient Evil  
 6:00 AM  
 36- Access Hollywood  
 37- Dora: The Explorer  
 38- Cyberchase  
 40- Sportscenter  
 6:30 AM  
 37- Wheel Of Fortune  
 38- Even Stevens: Foodzilla  
 7:00 AM  
 36- Beltway Boys  
 37- The Dr. Phil Show  
 38- Jeopardy!  
 39- Rugrats: Diaper Change  
 40- Sportscenter  
 7:30 AM  
 36- Fox News Watch  
 38- Headline News  
 39- Spongebob Squarepants: Wormy / Patty Hype  
 7:46 AM  
 37- The Oprah Winfrey Show: The Trip Of A Lifetime  
 7:52 AM  
 38- Pacific Report  
 8:00 AM  
 36- Bulls & Bears  
 38- ESPNNews  
 39- The Simpsons: The Great Money Caper  
 8:30 AM  
 36- Cavuto On Business  
 38- Headline News  
 39- Home Improvement: Not-So-Great-Scott  
 8:35 AM  
 37- Guiding Light  
 8:52 AM  
 38- Pacific Report  
 9:00 AM  
 36- Access Hollywood  
 38- 60 Minutes  
 39- Buffy The Vampire Slayer: Him  
 9:17 AM  
 37- General Hospital  
 10:00 AM  
 36- CNN Daybreak  
 37- Headline News  
 38- Nypd Blue: Half-Ashed  
 39- Law & Order: Thin Ice  
 40- Sportscenter  
 10:30 AM  
 37- Judge Judy  
 11:00 AM  
 36- Good Morning America  
 37- Today  
 38- C.S.I.: Miami: Freaks And Tweaks  
 39- Critical Rescue: Submerged  
 11:30 AM  
 12:00 PM  
 38- Headline News  
 39- American Chopper  
 12:22 PM  
 38- Pacific Report  
 12:30 PM  
 38- Tonight Show With Jay Leno  
 1:00 PM  
 36- Headline News  
 37- Zooboomafoo: Fast And Slow  
 39- Picture Perfect  
 1:30 PM  
 36- Channel One  
 37- Disney's Buzz Lightyear Of Star Command: Ancient Evil  
 38- The Late Show With David Letterman  
 1:45 PM  
 36- World News This Morning  
 2:00 PM  
 36- The Early Show  
 37- Cyberchase  
 2:30 PM  
 37- Even Stevens: Foodzilla  
 38- Access Hollywood  
 40- College Gameday  
 3:00 PM  
 37- Jeopardy!  
 38- True Lies  
 39- Rugrats: Diaper Change  
 40- Sportscenter  
 3:30 PM  
 37- Headline News  
 39- Spongebob Squarepants: Wormy / Patty Hype  
 4:00 PM  
 36- Fox News Live  
 37- ESPNNews  
 39- The Simpsons: The Great Money Caper

37- Headline News  
 39- Home Improvement: Not-So-Great-Scott  
 5:00 PM  
 36- Fox News Live  
 37- 60 Minutes  
 39- Buffy The Vampire Slayer: Him  
 5:15 PM  
 38- The Breakfast Club  
 5:30 PM  
 6:00 PM  
 36- Fox News Live  
 37- Nypd Blue: Half-Ashed  
 39- Law & Order: Thin Ice  
 7:00 PM  
 36- Headline News  
 37- C.S.I.: Miami: Freaks And Tweaks  
 38- Headline News  
 39- Critical Rescue: Submerged  
 7:30 PM  
 36- Inside Politics  
 38- ESPNNews  
 40- ESPNNews  
 8:00 PM  
 37- Headline News  
 38- Today  
 39- American Chopper  
 8:30 PM  
 36- Headline News  
 37- Tonight Show With Jay Leno  
 9:00 PM  
 36- Lester Holt Live  
 39- Picture Perfect  
 40- Around The Horn  
 9:30 PM  
 37- The Late Show With David Letterman  
 40- Pardon The Interruption  
 10:00 PM  
 36- Headline News  
 38- Sesame Street  
 40- Sportscenter  
 10:30 PM  
 36- NBC Nightly News  
 37- Access Hollywood  
 11:00 PM  
 36- ABC World News Tonight  
 37- ESPNNews  
 38- Dragon Tales: One Big Wish/ Breaking Up Is Hard To Do  
 39- Rugrats: Fall Stinks  
 11:30 PM  
 36- CBS Evening News  
 37- Monday Night Countdown  
 38- Wheel Of Fortune  
 39- Spongebob Squarepants: Grandma's Kisses / Squidville

Tuesday  
 12:00 AM  
 36- The Newshour  
 38- The Dr. Phil Show  
 39- The Simpsons: Skinner's Sense Of Snow  
 12:30 AM  
 39- Home Improvement: Tim's First Car  
 1:00 AM  
 36- Hannity & Colmes  
 38- The Oprah Winfrey Show: Decorating Diaster Makeovers  
 39- J.A.G.: When The Bough Breaks  
 2:00 AM  
 36- The News With Brian Williams  
 38- NBC Nightly News  
 39- The Practice: Killing Time  
 2:30 AM  
 38- Judge Judy  
 3:00 AM  
 36- Bet Nightly News  
 38- Access Hollywood  
 39- Biography: Stephen King  
 3:25 AM  
 38- Guiding Light  
 3:30 AM  
 36- Nightly Business Report  
 4:00 AM  
 36- Larry King Live  
 39- Bridges Of Madison County  
 40- Sportscenter  
 4:13 AM  
 38- General Hospital  
 4:30 AM  
 37- Headline News  
 5:00 AM  
 36- Newsnight With Aaron Brown  
 37- Sesame Street  
 38- Disney's Pb&J Otter: Bagpipe Blues/ You Can't Come In  
 5:30 AM  
 38- What's New Scooby Doo?: Space Ape At The Cape  
 6:00 AM  
 36- Paula Zahn Now  
 37- Dragon Tales: One Big Wish/ Breaking Up Is Hard To Do  
 38- Lizzie Mcguire: Scarlett Larry  
 40- Pardon The Interruption  
 6:30 AM  
 37- Wheel Of Fortune  
 38- All That  
 39- Ebert & Roeper At The Movies  
 40- Sportscenter  
 7:00 AM  
 36- Nightline  
 37- The Dr. Phil Show

39- Rugrats: Fall Stinks  
 40- Sportscenter  
 7:30 AM  
 36- Army Newswatch  
 38- Headline News  
 39- Spongebob Squarepants: Grandma's Kisses / Squidville  
 7:46 AM  
 37- The Oprah Winfrey Show: Decorating Diaster Makeovers  
 7:52 AM  
 38- Pacific Report  
 8:00 AM  
 36- Hardball With Chris Matthews  
 38- ESPNNews  
 39- The Simpsons: Skinner's Sense Of Snow  
 8:30 AM  
 38- Headline News  
 39- Home Improvement: Tim's First Car  
 8:35 AM  
 37- Guiding Light  
 8:52 AM  
 38- Pacific Report  
 9:00 AM  
 36- The O'reilly Factor  
 38- Monday Night Football - St. Louis Rams vs. Cleveland Browns  
 9- J.A.G.: When The Bough Breaks  
 9:17 AM  
 37- General Hospital  
 9:30 AM  
 40- Sportscenter  
 10:00 AM  
 36- Primetime Special Edition:  
 37- Headline News  
 39- The Practice: Killing Time  
 10:30 AM  
 37- Judge Judy  
 40- College Basketball - 2003 Bb&T Classic: Championship Game  
 11:00 AM  
 36- Good Morning America  
 37- Today  
 39- Biography: Stephen King  
 12:00 PM  
 38- ESPNNews  
 39- Bridges Of Madison County  
 12:30 PM  
 36-  
 38- Headline News  
 40- Sportscenter  
 12:52 PM  
 38- Pacific Report  
 1:00 PM  
 36- Headline News  
 37- Disney's Pb&J Otter: Bagpipe Blues/ You Can't Come In  
 38- Tonight Show With Jay Leno  
 1:30 PM  
 36- Channel One  
 37- What's New Scooby Doo?: Space Ape At The Cape  
 40- Sports Special - 2003 Nascar Awards Special  
 1:45 PM  
 36- World News This Morning  
 2:00 PM  
 36- The Early Show  
 37- Lizzie Mcguire: Scarlett Larry  
 38- The Late Show With David Letterman  
 2:30 PM  
 37- All That  
 39- Ebert & Roeper At The Movies  
 3:00 PM  
 37- Jeopardy!  
 38- Honey I Shrunk The Kids  
 39- Rugrats: Fall Stinks  
 40- Sportscenter  
 3:30 PM  
 37- Headline News  
 39- Spongebob Squarepants: Grandma's Kisses / Squidville  
 4:00 PM  
 36- Fox News Live  
 37- ESPNNews  
 39- The Simpsons: Skinner's Sense Of Snow  
 40- Around The Horn  
 4:30 PM  
 37- Headline News  
 39- Home Improvement: Tim's First Car  
 40- Pardon The Interruption  
 4:45 PM  
 38- Honey I Blew Up The Kid  
 5:00 PM  
 36- Primetime Special Edition:  
 37- Smallville: Ryan  
 39- J.A.G.: When The Bough Breaks  
 40- Monday Night Football - St. Louis Rams vs. Cleveland Browns  
 6:00 PM  
 36- Fox News Live  
 37- Meet The Parents  
 39- The Practice: Killing Time  
 6:30 PM  
 38- Cinema Secrets: Oscar Winning Fx  
 7:00 PM  
 36- Headline News  
 38- Headline News  
 39- Biography: Stephen King  
 7:30 PM  
 36- Inside Politics

8:00 PM  
37- Headline News  
38- Today  
39- Bridges Of Madison County  
40- ESPNews  
8:30 PM  
36- Army Newswatch  
37- Tonight Show With Jay Leno  
40- ESPNews  
9:00 PM  
36- Lester Holt Live  
40- Around The Horn  
9:30 PM  
37- The Late Show With David Letterman  
40- Pardon The Interruption  
10:00 PM  
36- Headline News  
38- Sesame Street  
40- Sportscenter  
10:30 PM  
36- NBC Nightly News  
37- Access Hollywood  
39- Ebert & Roeper At The Movies  
11:00 PM  
36- ABC World News Tonight  
38- Bob The Builder  
39- Rugrats: Don't Poop On My Parade  
11:30 PM  
36- CBS Evening News  
38- Wheel Of Fortune  
39- Spongebob Squarepants Tv-7: - Pre-Hibernation Week / Life Of Crime  
  
Wednesday  
12:00 AM  
36- The Newshour  
38- The Dr. Phil Show  
39- The Simpsons: Homr  
12:30 AM  
39- Home Improvement: Mr Likeable  
1:00 AM  
36- Hannity & Colmes  
38- The Oprah Winfrey Show: Outrageous Medical Mistakes  
39- Star Trek: Next Generation: Relics  
2:00 AM  
36- The News With Brian Williams  
38- NBC Nightly News  
2:30 AM  
38- Judge Judy  
3:00 AM  
36- Bet Nightly News  
37- Headline News  
38- Access Hollywood  
39- Mail Call  
3:25 AM  
38- Guiding Light  
3:30 AM  
36- Nightly Business Report  
37- ESPNews  
39- Surviving West Point  
40- Sportscenter  
4:00 AM  
36- Larry King Live  
37- Headline News  
39- Suicide Missions: Combat Photographers  
4:13 AM  
38- General Hospital  
4:30 AM  
37- Headline News  
40- Pardon The Interruption  
5:00 AM  
36- Newsnight With Aaron Brown  
37- Sesame Street  
38- Baby Looney Tunes: The Creature From The Chocolate Chip  
39- Air Bud  
5:30 AM  
38- I Spy  
6:00 AM  
36- Paula Zahn Now  
37- Bob The Builder  
38- A Walk In Your Shoes  
40- Sportscenter  
6:30 AM  
37- Wheel Of Fortune  
38- Liberty's Kids Eps 14-26  
7:00 AM  
36- Nightline  
37- The Dr. Phil Show  
38- Jeopardy!  
39- Rugrats: Don't Poop On My Parade  
7:30 AM  
38- Headline News  
39- Spongebob Squarepants Tv-7: - Pre-Hibernation Week / Life Of Crime  
7:46 AM  
37- The Oprah Winfrey Show: Outrageous Medical Mistakes  
7:52 AM  
38- Pacific Report  
8:00 AM  
36- Hardball With Chris Matthews  
38- ESPNews  
39- The Simpsons: Homr  
8:30 AM  
38- Headline News  
39- Home Improvement: Mr Likeable  
8:35 AM  
37- Guiding Light  
8:52 AM  
38- Pacific Report  
9:00 AM  
36- The O'reilly Factor

39- Star Trek: Next Generation: Relics  
40- Sportscenter  
9:17 AM  
37- General Hospital  
9:30 AM  
38- Cedric The Entertainer: Episode 15  
10:00 AM  
36- CNN Daybreak  
37- Headline News  
38- Extreme Makeover  
10:30 AM  
37- Judge Judy  
11:00 AM  
36- Good Morning America  
37- Today  
38- The Oc: Pilot  
39- Mail Call  
11:30 AM  
39- Surviving West Point  
12:00 PM  
38- Headline News  
39- Suicide Missions: Combat Photographers  
40- Sportscenter  
12:22 PM  
38- Pacific Report  
12:30 PM  
38- Tonight Show With Jay Leno  
1:00 PM  
36- Headline News  
37- Baby Looney Tunes: The Creature From The Chocolate Chip  
39- Air Bud  
1:30 PM  
36- Channel One  
37- I Spy  
38- The Late Show With David Letterman  
1:45 PM  
36- World News This Morning  
2:00 PM  
36- The Early Show  
37- A Walk In Your Shoes  
2:30 PM  
37- Liberty's Kids Eps 14-26  
38- Access Hollywood  
40- Pardon The Interruption  
3:00 PM  
37- Jeopardy!  
38- The Sound Of Music  
39- Rugrats: Don't Poop On My Parade  
40- Sportscenter  
3:30 PM  
37- Headline News  
39- Spongebob Squarepants Tv-7: - Pre-Hibernation Week / Life Of Crime  
4:00 PM  
36- Fox News Live  
37- ESPNews  
39- The Simpsons: Homr  
4:30 PM  
37- Headline News  
39- Home Improvement: Mr Likeable  
5:00 PM  
36- Fox News Live  
37- The Parkers: Lights Camera Action  
39- Star Trek: Next Generation: Relics  
5:30 PM  
37- Cedric The Entertainer: Episode 15  
38- Phantom Of The Rue Morgue  
6:00 PM  
36- Fox News Live  
37- Extreme Makeover  
40- ESPNews  
6:30 PM  
7:00 PM  
36- Headline News  
37- The Oc: Pilot  
38- Headline News  
39- Mail Call  
7:30 PM  
36- Inside Politics  
38- ESPNews  
39- Surviving West Point  
8:00 PM  
37- Headline News  
38- Today  
39- Suicide Missions: Combat Photographers  
8:30 PM  
36- Your Corps  
37- Tonight Show With Jay Leno  
9:00 PM  
36- Lester Holt Live  
39- Air Bud  
40- Around The Horn  
9:30 PM  
37- The Late Show With David Letterman  
40- Pardon The Interruption  
10:00 PM  
36- Headline News  
38- Sesame Street  
40- Sportscenter  
10:30 PM  
36- NBC Nightly News  
37- Access Hollywood  
11:00 PM  
36- ABC World News Tonight  
37- The Sound Of Music  
38- Bear In The Big Blue House: Dance Fever  
39- Rugrats: Angelicon  
11:30 PM  
36- CBS Evening News  
37- Wheel Of Fortune  
39- Spongebob Squarepants Tv-7: -

Thursday  
12:00 AM  
36- The Newshour  
38- The Dr. Phil Show  
39- The Simpsons: Pokey Mom  
12:30 AM  
39- Home Improvement: Thanks But No Thanks  
1:00 AM  
36- Hannity & Colmes  
38- The Oprah Winfrey Show: Celebrities Favorite New Designers  
39- Harry For The Holiday's  
1:30 AM  
37- Phantom Of The Rue Morgue  
2:00 AM  
36- The News With Brian Williams  
38- NBC Nightly News  
39- The West Wing: Gone Quiet  
2:30 AM  
38- Judge Judy  
3:00 AM  
36- Bet Nightly News  
37- Headline News  
38- Access Hollywood  
39- Antiques Roadshow: Kansas City Hour 3  
40- Sportscenter  
3:25 AM  
38- Guiding Light  
3:30 AM  
36- Nightly Business Report  
37- ESPNews  
4:00 AM  
36- Larry King Live  
37- Headline News  
39- Walking With Cavemen: Part 2  
40- Motorcycle Racing - Fim: Speedway Grand Prix Britain  
4:13 AM  
38- General Hospital  
4:30 AM  
37- Headline News  
5:00 AM  
36- Newsnight With Aaron Brown  
37- Sesame Street  
38- Disney's 101 Dalmations: Close But No Cigar/ Invasion ... Snatchers  
39- The Santa Clause  
5:30 AM  
38- Hey Arnold!: The Big Scoop/ Harold's Kitty  
6:00 AM  
36- Paula Zahn Now  
37- Bear In The Big Blue House: Dance Fever  
38- Pokemon: Johto League Champions: Fossil Foods  
40- Sportscenter  
6:30 AM  
37- Wheel Of Fortune  
38- Jackie Chan Adventures Tv-7: - Tough Break  
7:00 AM  
36- Nightline  
37- The Dr. Phil Show  
38- Jeopardy!  
39- Rugrats: Angelicon  
40- College Basketball - Sec: Maryland vs. Florida  
7:30 AM  
36- Navy/Marine Corps News  
38- Headline News  
39- Spongebob Squarepants Tv-7: - Christmas Who?  
7:46 AM  
37- The Oprah Winfrey Show: Celebrities Favorite New Designers  
7:52 AM  
38- Pacific Report  
8:00 AM  
36- Hardball With Chris Matthews  
38- ESPNews  
39- The Simpsons: Pokey Mom  
8:30 AM  
38- Headline News  
39- Home Improvement: Thanks But No Thanks  
8:35 AM  
37- Guiding Light  
8:52 AM  
38- Pacific Report  
9:00 AM  
36- The O'reilly Factor  
38- Good Morning Miami: Hi My Name Is Jake  
39- Harry For The Holiday's  
40- College Basketball - Big East: Indiana vs. Notre Dame  
9:17 AM  
37- General Hospital  
9:25 AM  
38- Will & Grace: Fagmalion Part Four: The Guy Who Loved  
9:50 AM  
38- Reel Time  
10:00 AM  
36- 60 Minutes II  
37- Headline News  
38- Trista And Ryan's Wedding: Part 2  
39- The West Wing: Gone Quiet  
10:30 AM  
37- Judge Judy  
11:00 AM

37- Today  
38- C.S.I.: Crime Scene Investigation: Crash And Burn  
39- Antiques Roadshow: Kansas City Hour 3  
40- Sportscenter  
12:00 PM  
38- Headline News  
39- Walking With Cavemen: Part 2  
12:22 PM  
38- Pacific Report  
12:30 PM  
38- Tonight Show With Jay Leno  
1:00 PM  
36- Headline News  
37- Disney's 101 Dalmations: Close But No Cigar/ Invasion ... Snatchers  
39- The Santa Clause  
1:30 PM  
36- Channel One  
37- Hey Arnold!: The Big Scoop/ Harold's Kitty  
38- The Late Show With David Letterman  
1:45 PM  
36- World News This Morning  
2:00 PM  
36- The Early Show  
37- Pokemon: Johto League Champions: Fossil Foods  
40- ESPNews  
2:30 PM  
37- Jackie Chan Adventures Tv-7: - Tough Break  
38- Access Hollywood  
3:00 PM  
37- Jeopardy!  
38- Home Alone  
39- Rugrats: Angelicon  
40- Sportscenter  
3:30 PM  
37- Headline News  
39- Spongebob Squarepants Tv-7: - Christmas Who?  
4:00 PM  
36- Fox News Live  
37- ESPNews  
39- The Simpsons: Pokey Mom  
4:30 PM  
37- Headline News  
39- Home Improvement: Thanks But No Thanks  
4:45 PM  
38- Ordinary People  
5:00 PM  
36- 60 Minutes II  
37- Good Morning Miami: Hi My Name Is Jake  
39- Harry For The Holiday's  
5:25 PM  
37- Will & Grace: Fagmalion Part Four: The Guy Who Loved  
5:50 PM  
37- Reel Time  
6:00 PM  
36- Fox News Live  
37- Trista And Ryan's Wedding: Part 2  
39- The West Wing: Gone Quiet  
6:30 PM  
40- ESPNews  
7:00 PM  
36- Navy/Marine Corps News  
37- C.S.I.: Crime Scene Investigation: Crash And Burn  
38- Headline News  
39- Antiques Roadshow: Kansas City Hour 3  
40- ESPNews  
7:30 PM  
36- Inside Politics  
38- ESPNews  
40- Inside The NFL  
8:00 PM  
37- Headline News  
38- Today  
39- Walking With Cavemen: Part 2  
8:30 PM  
36- Navy/Marine Corps News  
37- Tonight Show With Jay Leno  
40- ESPNews  
9:00 PM  
36- Lester Holt Live  
39- The Santa Clause  
40- Around The Horn  
9:30 PM  
37- The Late Show With David Letterman  
40- Pardon The Interruption  
10:00 PM  
36- Headline News  
38- Sesame Street  
40- Sportscenter  
10:30 PM  
36- NBC Nightly News  
37- Access Hollywood  
11:00 PM  
36- ABC World News Tonight  
37- ESPNews  
38- Teletubbies: Rocking Chair  
39- Rugrats: Dil Saver  
11:30 PM  
36- CBS Evening News  
37- Pardon The Interruption  
38- Wheel Of Fortune  
39- Spongebob Squarepants Tv-7: - Survival Of The Idiots / Dumped

# PLANNER

## Today

AAFES: Flight View BX: Open 10 a.m.-6 p.m.; Ocean Front BX: Open 10 a.m.-6 p.m.; Shoppette: Open 9 a.m.-11 p.m.

Beauty Shop: Open 10 a.m.-6 p.m.

Chapel: Catholic Rosary for Peace in the Word, 6:30 a.m.; Mass, 7 a.m.; Confessions 3-3:30 p.m.; CWOC Mass (1st Friday of the month) 5:30 p.m.; Gospel Choir Practice, 7 p.m.

Fitness Center: Open 5 a.m.-midnight.

Child Development Center: 7 a.m.-5:30 p.m.

Community Activities Center: Open 10 a.m.-8 p.m.

Commissary: Open 10 a.m.-6 p.m.

Dining Hall: Breakfast 6-8:30 a.m., Lunch 11 a.m. - 1:30 p.m., Mexican Baked Chicken, Swiss Steak, and Stuffed Green Pepper; Dinner 4 - 7 p.m., Lasagna, Spaghetti with Meat Sauce, Italian Sausage. Midnight meal 11 p.m.-1:30 a.m.

Dry Cleaners: Open 10 a.m.-6 p.m.

Gas Station: Open 10 a.m.-6 p.m.

Library: Open 10 a.m.-6 p.m.

Oceanview Island Grill: Lasagna, fries or salad and drink; Open 11 a.m.-11 p.m.

Outdoor Recreation: Open 10 a.m.-7 p.m.

School Lunch: Lasagna, garlic bread, tossed garden salad, ranch dressing, chilled peaches, cookies, milk.

Skating Rink: Open 7-11 p.m.

Skills Development Center: Open 10 a.m.-6 p.m.

Teen Center: Teen social, 9 p.m.-midnight.

Top of the Rock Club: Lunch 11 a.m.-1:30 p.m., seafood buffet. Dinner 5-9 p.m., Prime and Wine

## Saturday

AAFES: Flight View BX: Open 10 a.m.-6 p.m.; Ocean Front BX: Open 10 a.m.-6 p.m.; Shoppette: Open 9 a.m.-11 p.m.

Beauty Shop: Open 10 a.m.-6 p.m.

Chapel: Mass, 10 a.m.; Gospel Children's Choir Practice, 2 p.m.

Fitness Center: Open 8 a.m.-7 p.m.

Child Development Center: Closed  
Community Activities Center: Open 10 a.m.-8 p.m.

Commissary: Open 10 a.m.-6 p.m.

Dining Hall: Brunch 7 a.m.-1 p.m., Crispy Baked Chicken, Cajun Meat Loaf, and Steak, Ribeye; Supper 4 - 7 p.m., Fish Almondine, Stir Fry Chicken w/ Broccoli, Pork Chops w/ Mushroom Gravy. Midnight meal 11 p.m.-1 a.m.

Dry Cleaners: 10 a.m.-4 p.m.

Gas Station: Open 10 a.m.-6 p.m.

Library: 10 a.m.-5 p.m.

Oceanview Island Grill: Open 11 a.m.-11 p.m.

Outdoor Recreation: Open 10 a.m.-7 p.m.

Skating Rink: Open 7-11 p.m.

Skills Development Center: Open

10 a.m.-6 p.m.

Teen Center: Teen social 8 p.m.-midnight.

Top of the Rock Club: Brunch 8:30 a.m.-noon. Huff and Fin dinner special 5-9 p.m.

## Sunday

AAFES: Flight View BX: Open 10 a.m.-5 p.m.; Ocean Front BX: Open 10 a.m.-5 p.m.; Shoppette: Open noon-8 p.m.

Beauty Shop: Closed

Chapel: Traditional Protestant service, 9 a.m.; Catholic religious education, 9 a.m.; Fellowship, 10 a.m.; Mass, 10:30 a.m.; Religious Education, 10:30 a.m.; Gospel service & Fellowship, noon; Catholic choir rehearsal, 4 p.m.; Mass, 5 p.m.; Rosary and Adoration, 5:40 p.m.; PYOC/PTOC, 6:15 p.m.

Fitness Center: Open 8 a.m.-7 p.m.

Child Development Center: Closed  
Community Activities Center: Open noon-5 p.m.

Commissary: Closed

Dining Hall: Brunch 7 a.m.-1 p.m., Tuna and Noodles, Sauerbraten, Chicken Breast Parmesan; Supper 4 - 7 p.m., Ginger BBQ Chicken, Fried Shrimp, Spinach Lasagna; Short Order: Cheese Pizza and Reuben Sandwich.

Dry Cleaners: Closed

Gas Station: 10 a.m.-5 p.m. (Gas only)

Library: Open 10 a.m.-5 p.m.

Oceanview Island Grill: Open 11 a.m.-11 p.m.

Outdoor Recreation: Open 11 a.m.-7 p.m.

Skating Rink: Closed

Skills Development Center: Closed.

Top of the Rock Club: Bits & Bites menu, 4 p.m.

## Monday

AAFES: Flight View BX: Open 10 a.m.-6 p.m.; Ocean Front BX: Open 10 a.m.-6 p.m.; Shoppette: Open 9 a.m.-11 p.m.

Beauty Shop: Closed

Chapel: Catholic Rosary for Peace in the Word, 6:30 a.m.; Mass, 11:30 a.m.; Women's Bible study, 7 p.m.

Fitness Center: Open 5 a.m.-midnight

Child Development Center: Open 7 a.m.-5:30 p.m.

Community Activities Center: Closed

Commissary: Open 10 a.m.-6 p.m.

Dining Hall: Breakfast 6-8:30 a.m., Lunch 11 a.m.-1:30 p.m., Swiss Steak, Baked Chicken, Italian Sausage; Dinner 4 - 7 p.m., Roast Turkey, Baked Ham, and Fish and Fries. Midnight meal 11 p.m.-1:30 a.m.

Dry Cleaners: Open 9 a.m.-1 p.m.

Gas Station: Open 10 a.m.-5 p.m. (Gas only)

Library: Open 4-9 p.m.

Oceanview Island Grill: Meatball sandwich, fries or salad and drink;

Open 11 a.m.-11 p.m.

Outdoor Recreation: Closed

School Lunch: Corn dogs, baked beans, seasoned peas, fresh fruit, milk

Skills Development Center: Closed

Top of the Rock Club: Lunch, 11 a.m.-1:30 p.m., Southern buffet.

## Tuesday

AAFES: Flight View BX: Open 10 a.m.-6 p.m.; Ocean Front BX: Open 10 a.m.-6 p.m.; Shoppette: Open 9 a.m.-11 p.m.

Beauty Shop: Open 10 a.m.-6 p.m.

Chapel: Catholic Rosary for Peace in the Word, 6:30 a.m.; Mass, 7 a.m.; Confessions 3-3:30 p.m.; AWANA (3 yrs to 6 grade) 6 p.m.; Catholic Women of the Chapel (3rd Tuesday of the month), 7 p.m.

Fitness Center: Open 5 a.m.-midnight

Child Development Center: Open 7 a.m.-5:30 p.m.

Community Activities Center: Open 10 a.m.-8 p.m.

Commissary: Open 10 a.m.-6 p.m.

Dining Hall: Breakfast 6-8:30 a.m., Lunch 11 a.m.-1:30 p.m., Onion-Lemon Baked Fish, Pork Schnitzel, and Yakisoba; Dinner 4 - 7 p.m. Paprika Beef, BBQ Beef Cubes, Chicken Fajitas. Midnight meal 11 p.m.-1:30 a.m.

Dry Cleaners: Open 10 a.m.-6 p.m.

Gas Station: Open 10 a.m.-6 p.m.

Library: Open 10 a.m.-9 p.m.

Oceanview Island Grill: 16" pizza with 2 toppings and drinks; Open 11 a.m.-11 p.m.

Outdoor Recreation: Open 10 a.m.-7 p.m.

School Lunch: Cheese pizza dippers, carrot and celery sticks, ranch dressing, seasoned corn, and apple turnover, milk.

Skills Development Center: Open noon-8 p.m.

Top of the Rock Club: Lunch, 11 a.m.-1:30 p.m., Mexican buffet. Dinner 5-9 p.m.

## Wednesday

AAFES: Flight View BX: Open 10 a.m.-8 p.m.; Ocean Front BX: Open 10 a.m.-8 p.m.; Shoppette: Open 9 a.m.-11 p.m.

Beauty Shop: Open 10 a.m.-6 p.m.

Chapel: Catholic Rosary for Peace in the Word, 6:30 a.m.; Mass, 7 a.m.; PMOC lunch/study noon; Confessions 3-3:30 p.m.; Catholic men of the chapel (2nd Wednesday of the month) 6 p.m.; Traditional choir practice, 6 p.m.; Bell choir practice 7 p.m.; Catholic choir rehearsal, 7:15 p.m.

Fitness Center: Open 5 a.m.-midnight

Child Development Center: 7 a.m.-5:30 p.m.

Community Activities Center: Open 10 a.m.-8 p.m.

Commissary: Open 10 a.m.-6 p.m.

Dining Hall: Breakfast 6-8:30 a.m., Lunch 11 a.m.-1:30 p.m., Caribbean

Jerk Chicken, Beef Porcupines, and Chicken Enchiladas; Dinner 4 - 7 p.m., Pita Pizzas, Country Style Steak, and Fried Chicken. Midnight meal 11 p.m.-1:30 a.m.

Dry Cleaners: Open 10 a.m.-6 p.m.

Gas Station: Open 10 a.m.-6 p.m.

Library: Open 10 a.m.-9 p.m.

Oceanview Island Grill: Fried shrimp, fries or salad and drink; Open 11 a.m.-11 p.m.

Outdoor Recreation: Open 10 a.m.-7 p.m.

School Lunch: Sliced turkey, mashed potatoes & gravy, dinner roll, seasoned green beans, chilled fruit mixed, milk.

Top of the Rock Club: Lunch, 11 a.m.-1:30 p.m., Italian Buffet. Dinner 5-9 p.m. Family Buffet

## Thursday

AAFES: Flight View BX: Open 10 a.m.-6 p.m.; Ocean Front BX: Open 10 a.m.-6 p.m.; Shoppette: Open 9 a.m.-11 p.m.

Beauty Shop: Open 10 a.m.-6 p.m.

Chapel: Catholic Rosary for Peace in the Word, 6:30 a.m.; Mass 7 a.m.; Confessions 3-3:30 p.m.; RCIA, 7 p.m.; Gospel Praise Team practice and Men's Bible study, 7 p.m.

Fitness Center: Open 5 a.m.-midnight

Child Development Center: 7 a.m.-5:30 p.m.

Community Activities Center: Open 10 a.m.-8 p.m.

Commissary: Open 10 a.m.-7 p.m.

Dining Hall: Breakfast 6-8:30 a.m., Lunch 11 a.m.-1:30 p.m., Orange-Spiced Pork Chops, Liver with Onions, and Tempura Fried Fish; Dinner 4 - 7 p.m., Roast Mr. Z's Baked Chicken, Pepper Steak, and Pasta Primavera. Midnight meal 11 p.m.-1:30 a.m.

Dry Cleaners: Open 10 a.m.-6 p.m.

Gas Station: Open 10 a.m.-6 p.m.

Library: Open 10 a.m.-9 p.m.

Oceanview Island Grill: Taco salad and drink; Open 11 a.m.-11 p.m.

Outdoor Recreation: Open 10 a.m.-7 p.m.

School Lunch: Popeye's chicken fries, crispy potato wedges, baked roll, tossed garden salad, ranch dressing, applesauce, milk.

Skills Development Center: Open noon-8 p.m.

Top of the Rock Club: Lunch, 11 a.m.-1:30 p.m., Oriental buffet. Dinner 5-9 p.m., 2-4-1 Steak Night

## Classified Ads

Ads must be submitted via e-mail to [news@lajes.af.mil](mailto:news@lajes.af.mil). Ads are due by noon, Tuesday.

For Sale: Available Immediately, 1988 Fiat Uno 45, new tires and paint job, inspection good until April '04. Perfect island car, great condition, € 950 obo. For more information, call Brian at 2-6193 before 5 p.m.

For Sale to Good Home: Female Cat, Spayed, shots updated, sweet disposition. Call 295-549-774.

# EVENTS

## Closures/Shifts

**Military Personnel Flight facelift:** Bldg. T-112 is being re-carpeted. Housing Inspectors will move into the main Housing area. The Civilian Personnel Office will move into the main Civilian Personnel area. NAF will move to the American Red Cross and DoDDS will move to T-100.

**Education and Developmental Intervention Services Child Find:** This month's find date is Jan. 23, 9 a.m.-12 p.m., at the clinic, bldg. T-425, room 123. Call EDIS at 2-3194 or e-mail to EDIS@lajes.af.mil to request an appointment.

## Classes

**Graduate Course:** Introduction to Graduate Studies in Human Relations, a required course for the University of Oklahoma's Master of Human Relations degree, is Feb. 24 - 29. Enroll by Jan. 26. Contact Erika Golart at 2-3171 for more information.

**School registration:** Embry-Riddle will begin registering students for Aircraft Accident Investigation, Monday. The course will be taught on-site Feb. 25-March 2. For more information, call 2-3375.

**Spouse scholarship:** Thirty scholarships are awarded each year to spouses of active duty Air Force, National Guard, and Air Force Reserve. Deadline for applications to be received at Air Expeditionary Force headquarters is Jan. 31. The 2004 spouse scholarship applications are available at the AEF Web site <http://www.aef.org>, or by calling AEF directly at (800) 291-8480, and at the base education office. For more, call the base education office at 2-3355/5291.

**Free Beginning and Intermediate Excel class:** 10 a.m.-12:30 p.m., Tuesday and Wednesday, in the T-126 computer room at the Family Support Center. For more or to sign up, call 2-4138.

**Free Estate Planning/Insurance class:** 6 p.m., Thursday, at the Family Support Center, T-126. Attendees will learn how to prepare for the unexpected via estate planning and insurance. Call 2-

4138 to sign up.

**Beginning & Intermediate Power Point:** Free Beginning class starts at 10 a.m., Jan. 20 in the T-126 computer classroom. Intermediate class starts at 10 a.m., Jan. 21, in the T-126 computer room. Call 2-4138 for more or to sign up.

**Free E-Resource Training:** 6-7 p.m., Jan. 21, at the Education Center. Learn to make the best use of the databases available through the base library and the resources available through the Library at the University of Oklahoma. Call the Library at 2-3688 for details and to sign up.

**Free Debt Management class:** 6 p.m. Jan. 29, in the T-126 class room. A variety of financial topics are covered, along with money saving tips on how to handle debts. For more information, call 2-4138.

## Events

**Protestant Women of the Chapel:** All-night program of spiritual enrichment, fun, food and fellowship, 6:30 p.m.-6 a.m., tonight, at Base Chapel Annex. New women are welcome. For more information, call Shirley at 295-549-376.

**Enlisted Spouses Club Membership Meeting:** 6:30 p.m., Tuesday, at the TORC Summit room. Enjoy catered hors d'oeuvres and play Lucky Squares. For more, call Linette Hollandsworth at 2-6110.

**Air Force Sergeants Association General Membership meeting:** 4 p.m., Wednesday, in the Top of the Rock Lisbon Room. For more information, contact Master Sgt. Tom Dexter at 2-3423 or Tech Sgt. Mal Torres at 2-5136.

**Mason's First Annual Dress To Impress:** Cocktails at 6 p.m., Dinner at 7 p.m., Jan. 17, at Jacob's Lodge #86. Tickets are \$15. Contact Terrence Packer at 295-517-891 for more.

**Girl Scout Cookie Sale:** Girl Scout cookies for sale, 4-6 p.m., today and Saturday, at the Shoppette, Ocean Front BX and Commissary. For more information, call Lt. Col. Kimberley Ramos at 2-3712.

**Special Kids' Matinees:** "Looney Tunes Back in Action", 2 p.m., Saturday, at the base theater. "Cat in the Hat"

will show on Jan. 17, at 10 a.m. and 2 p.m.

**Comedy Drama and Desert:** 6 p.m., Jan. 17 at the Community Activity Center. Lajes High School Drama Club's 7-12 grade students will present a variety of scenes from different plays. Enjoy a variety of desserts during the show. Tickets are \$2 for adults and \$1 for students and may be purchased from Mrs. Amy Allen at the high school, or at the door. Call 2-4151 for more info.

**Single Unaccompanied Member Dinner:** 5:30 p.m., Jan. 22 in the Fellowship Hall. The Mission Support Squadron will host. All single or unaccompanied Lajes members are invited. Tell a friend. For more information, call Chaplain (Maj.) Stan Pieczara at 2-4211.

**Card and Collectibles Show:** 10 a.m.-3 p.m., Jan. 31 at the ballroom at the Top of the Rock Club. Collectors of all ages can buy, sell and trade their sports cards, memorabilia, stamps, coins, Yu-Gi-Oh cards, Hot Wheels and any other collectible items to other Lajes collectors. Tables are free, but must be reserved before Jan. 30, contact Tech. Sgt. Michael Hollandsworth at 2-1246 to reserve a table.

**Winter reading contest:** Contest will run thru Jan. 31. Prizes will be awarded to the person who reads the most books. Stop by the library to pick up log sheet and rules of the game. For more, call 2-3688.

**Spelling Bee Contest:** 1 p.m. Jan. 24 at the Community Activity Center. Call Jessica Dunn at 2-3685 for more.

**"Room for Six":** six single or unaccompanied Lajes members are invited to a free home-cooked meal at a "home", every first Saturday of the month. Call Danielle or Aubrey at 295-549-825 to reserve a spot for 6 p.m. Feb. 7.

## Sports

**Military Men's Varsity Basketball Tryouts:** 2 p.m., Jan. 10, at the Chace Fitness Center. For more information call SrA Sarah Haylett at 2-6126.

**Military Men and Women's Varsity Volleyball Tryouts:** Jan. 17, at the Chace Fitness Center. Women's tryouts are 2-3:30

p.m., and men's tryouts are 3:30-5 p.m. For more information, call SrA Sarah Haylett at 2-6126.

**Varsity Volleyball Coaches Needed:** Men and women's varsity volleyball coaches needed. Resumes must be provided by Monday. For more information, call SrA Sarah Haylett at 2-6126.

**Cheerleading:** This is the last week the youth center will accept applications for the season. Youth 4-18 are eligible. Games will run from January-March. Cost: \$21/\$25 w/picture for members; \$31.50/\$35 w/picture for non-members. Volunteer coaches are also needed. For more, call Jolene Wilkinson, 2-1197.

## Volunteers/Jobs

**University of Maryland Field Representative position:** Today is the application deadline for UMUC's part-time field rep. position. Pick up an application at the UMUC Field office. For more information, call Melinda Casey at 2-4187 or email at [melinda.casey@lajes.af.mil](mailto:melinda.casey@lajes.af.mil).

**Tumbling Instructor Needed:** The Lajes Youth Center is looking for a Tumbling Instructor to teach Tumbling classes to ages 3 and up. Contact Jolene Wilkinson at 2-1197 in the afternoon.

**Positions available:** The following positions are open at Lajes Elementary School; special education assessor, lunch room monitors and substitute nurse. Visit the [www.odedodea.edu/pers/employment/](http://www.odedodea.edu/pers/employment/) for additional info and application materials. For more, call 2-3491.

**Undergraduate Flying Training Selection:** The next UFT selection board will convene at the Air Force Personnel Center March 2 and will review applications for Specialized Undergraduate Pilot Training, and Specialized Undergraduate Navigator Training. Those officers with a date of birth after April 1, 1974 and Total Federal Commissioned Service Date after April 1, 1999 who meet all eligibility criteria will be eligible to apply. Applicants must send applications postmarked by Monday to HQ AFPC/DPAOT3, 550 C Street West Suite 31, Randolph AFB TX 78150-4733. All applicants should review the UFT criteria as outlined in AFI 36-2205.